

65<sup>th</sup>  
street

# GI Office-Based Surgery

within the offices of  
**Yaffe Ruden & Associates**  
201 East 65<sup>th</sup> Street  
New York, New York 10065

## **Gastroscopy Preparation**

Do NOT EAT or DRINK anything, INCLUDING WATER, for at least 8 hours before the procedure!!!!

No other special preparation is required for a gastroscopy. You only have to make sure that you DO NOT EAT OR DRINK anything for at least 8 hours before the procedure. You will be asleep with IV anesthesia for about five to ten minutes, and you will not feel anything. It is a very pleasant sleep and most people can function normally an hour later, though you may not drive for 4 hours after the anesthesia. Expected to leave within one hour of the start of the procedure, feeling fully functional.

It is possible, though much less comfortable to do the procedure with local spray, if there are insurance issues with anesthesia coverage, Dr. Carlon, our very experienced anesthesiologist, is happy to discuss with you any insurance questions and as very, very accommodating. If there are any insurance questions he wants to make this procedure as easy for me and for you as possible and routinely answers calls directly on his cell.

Dr. Carlon, our chief anesthesiologist, is in-network for approximately 70% of patients, and many other insurances are covered entirely, even if he is not in-network. Please check with your insurance program, and realize that even if a procedure is covered, you may have an in-network deductible that hasn't yet been met, and then you would be responsible for all or part of the charge for the procedure and for the anesthesia. Under those circumstances, we must get a credit card authorization, upon your arrival, to cover the potential unpaid portion. If you have any question about anesthesia billing, Dr. Carlon is happy to take your call 646-361-4800 or 646-244-0950. Mary, in our office, is in charge of Yaffe Ruden billing, 212-879-4700 ext. 234.

If you have serious difficulty swallowing food or water, or routinely vomit food residues 4 hours or more after your last meal, you may need to be fasting up to 12 hours. Call the office or Dr. Carlon if questions.

During a gastroscopy, a flexible scope approximately 4 feet long is advanced through your mouth into your stomach and beyond. This procedure allows us to find out if you have gastritis, ulcers, acid reflux and many other diseases. In most cases, we can give you an initial answer regarding your problems, and a plan of treatment, as soon as you wake up from anesthesia. If you experience difficulties or pain swallowing your food, we sometimes find a narrowing of your esophagus. In some cases, we can safely dilate your esophagus and provide relief.

Having a cold or laryngitis does not usually prevent you from having the procedure; also, you should not be worried that your throat will be irritated after the gastroscopy or that your voice will be affected. This is true even if you use your voice professionally, as a public speaker or performer.

If you have any doubt or concerns, please call us at any time, 212-879-4700, and ask for endoscopy assistant or Dr. Yaffe

## **GUIDELINES FOR ANESTHESIA BILLING**

**Out-of-pocket anesthesia cost will never be more than \$350.00 for out-of-network patients**

### **CIGNA, Medicare, Oxford, UMR, United**

Patients are responsible for in-network co-pay, co-insurance and deductible as determined by the insurance company.

### **Multiplan Insurances (United New York State Employees, Meritain Health and others)**

Patients are responsible for co-pay, co-insurance and deductible, not to exceed \$350.00.

### **Aetna**

- If payment is approved, patients are responsible for any insurance payment they may receive directly and the difference between the fee and the amount paid by the insurance not to exceed \$350.00.
- If payment is denied, patients are responsible for a flat fee of \$350.00.

### **Blue Cross Plans, GHI, Emblem Health, HIP NY State and other insurances**

- If the contract does not cover the fee for an anesthesiologist a flat fee of \$350.00 will be charged at the time of service.
- If payment is approved, patients are responsible for the amount of the insurance payment and for the difference between the fee and the amount paid by the insurance not to exceed \$350.00.
- Patients with United Nations insurance coverage will be charged \$200.00 at time of service. Insurance payment will be accepted for the balance.

### **ACA Exchanges, Medicaid**

A flat fee of \$350.00 will be collected at the time of service.

**PLEASE E-MAIL DR. CARLON [md@grazianocarlon.com](mailto:md@grazianocarlon.com) OR CALL (646)361-4800 or (212)879-4700 X #6234 or (646)244-0950 WITH ANY QUESTION**

**PLEASE NOTE THAT A VALID CREDIT CARD MUST BE PRESENTED BY ALL PATIENTS BEFORE SERVICE CAN BE PROVIDED. PLEASE MAKE SURE YOU BRING A CREDIT CARD WITH YOU ON THE DAY OF THE PROCEDURE TO AVOID DELAYS OR POSTPONEMENTS.**